

2020-2021 Texas Bullying & Cyberbullying Presentation

Presentation Script – K-1st Grades

SLIDE 1 – This slide shows while students arrive/get settled

SLIDE 2 – When you start speaking

- I am so excited to be with you today to bring this lesson to you!
- This presentation was created by David's Legacy Foundation. They work to help kids to choose to be kind and to stop bullying. David's Legacy Foundation also works with older kids to teach them about cyberbullying. Cyberbullying is bullying on a device such as a phone, tablet, or computer.

SLIDE 3

- Kindness is our Superpower! What? Can kindness be a superpower?
 - **Click 1** Yes! We have the power to make someone feel great by what we say and what we do! That is truly a superpower!

SLIDE 4

- (*Music will play and at the end of the music say...*) Today we will see that
 - **Click 1** Real Superheroes use their superpowers to be kind

SLIDE 5

- (*Cruella de Vil music clip plays. Then ask...*) What is the opposite of a superhero?
 - **Click 1** A villain is the opposite of a Superhero! A villain is unkind. Being unkind is hurting others with what we say and what we do. It is being mean or rude. Just like Cruella de Vil in 101 Dalmatians!

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- **Click 2** Villains use their powers to make others feel sad or upset. Villains can be like a bully.

SLIDE 6

- What is KIND?
 - **Click 1** Saying nice things
 - **Click 2** Letting other join and play
 - **Click 3** Caring about someone's feelings
 - **Click 4** Helping others
 - **Click 5** Smiling
 - **Click 6** Sharing
 - **Click 7** Saying "I'm sorry"
- Ask, "Has someone been kind to you today?" (*Students can share*)
- Or "Have you been kind to someone today?" (*Students can share*)

SLIDE 7

- What is MEAN?
 - **Click 1** Making fun of someone
 - **Click 2** Name calling
 - **Click 3** Not letting someone play
 - **Click 4** Laughing at someone who is hurt
 - **Click 5** Pushing, hitting or kicking
- Has someone been mean to you lately? How does it make you feel when someone is mean to you? (*Students can share*)

SLIDE 8

- What is BULLYING?
 - **Click 1** Bullying can be being mean on purpose
 - **Click 2** Bullying can happen if someone is mean to you over and over, even when you ask them to stop! They keep doing it.

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- **Click 3** Bullying can make you feel scared because you do not know what to do! Always talk to an adult if you are ever scared.

SLIDE 9

- Today I'm going to read part of a brand-new book that was just written a few months ago called *Kindness is my Superpower*, by Alicia Ortego. Watch how Lucas learns the importance of being kind.

SLIDES 10-20

- **READ BOOK– CHANGE SLIDES WHILE READING.**

SLIDE 21

- There are even some ideas for us to practice being kind on the last page. *(Read examples outlined with heart.)*
- Give me a thumbs up if you can think of a way to be kind today! OR *(Students can share examples if applicable)*

SLIDE 22

- Let's play a quick game to see if we can tell the difference between KIND and MEAN
 - **CLICK 1** Have you ever played TIC TAC TOE? We are going to play it together as a group!

SLIDE 23

- This is how it works. We will read what's in the square. If it's something that is KIND show me a thumbs up! If it's MEAN show me a thumbs down. Here we go, let's start!
 - **CLICK 1** Tell someone, "You are ugly." What is this?

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- **CLICK 2** That's MEAN! Thumbs down!
- **CLICK 3** Tell someone, "You Stink!" Is this mean or kind?
- **CLICK 4** MEAN! Thumbs down!
- **CLICK 5** Tell someone, "You are amazing!"
- **CLICK 6** That is KIND! Thumbs up! Giving someone a compliment shows kindness.
- **CLICK 7** Tell someone, "You are stupid" when something is hard for them.
- **CLICK 8** This is MEAN! Thumbs down. If something is hard for someone we should try to help!
- **CLICK 9** Tell someone, "You are a great friend."
- **CLICK 10** Thumbs up! Kind!
- **CLICK 11** Tell someone, "I don't like you."
- **CLICK 12** Mean! Thumbs down.
- **CLICK 13** Tell someone, "You are a hard worker."
- **CLICK 14** Another compliment! Kind! Thumbs up.
- TIC TAC TOE! KIND won! Kindness is always a winner!
- **CLICK 15** KAPOW! Kindness is always cooler!

SLIDE 24

- *(Music clip will start, when finished say...)* Be a Superhero to Others!

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- Today we learned that being KIND is Cool and that kindness is important to making our world and school a better place!
- Can anyone think of a way you can be a superhero to others and show kindness in your school? *(Allow for student responses)*

SLIDE 25

- Did you know that you can also be a SUPERHERO to YOURSELF? How in the world can we do that? *(Ask for responses if time allows.)*
- You can be a superhero to yourself by telling yourself kind things! Give yourself compliments! This can sound like:
 - **CLICK 1** I can do it!
 - **CLICK 2** I am nice!
 - **CLICK 3** I can do hard things!
 - **CLICK 4** I am kind an awesome!
- I am going to play some superhero music. While it's playing, think of something kind to say to yourself. When the music stops, I will ask some of you to say it out loud!
 - **CLICK AUDIO CLIP** *(Music clip plays while students think)*
- Who want to share? *(Ask for responses)*

SLIDE 26

- Today we learned to:
 - **CLICK 1** Use our powers to be like a SUPERHERO, not a villain!
And...
 - **CLICK 2** To be kind to ourselves and others!
- If someone makes you feel bad or sad or is not being kind, talk to an adult about what to do. You can also ask that person to please stop.
- You did great today! I know you all can be superheroes of kindness here at school and in your classroom! Give me a virtual high 5!

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- **CLICK AUDIO CLIP** (*Music clip plays as students high five*)

SLIDE 27

- Here is the sticker David's Legacy Foundation gives out to the older kids to remind them not to be mean or bully others on their phones or computers! Remember, even on a phone or device it's important to choose kind!
- Thank you so much! You did a great job today!

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