



2020-2021 Texas Bullying & Cyberbullying Presentation

Summary & Objectives - 4th-5th Grades

Summary: The purpose of this presentation is to raise awareness of bullying, cyberbullying, and self-care in a developmentally appropriate manner for 4th and 5th grade. Students who have a clear understanding of what bullying is, what it looks like, and how it effects other students as well as themselves are more likely to refrain from bullying, to take action to stop it when they see it, and to advocate for others and themselves in possible bullying situations.

Objectives:

- Students will be introduced to David's Legacy Foundation
- Students will understand that words can hurt
- Student will learn 3 things they can do when faced with a cyberbullying situation: Stop, Bock, Tell
- Students will learn the difference between Rude, Mean, Bullying, and Kind
- Students will be given the opportunity to differentiate between Rude, Mean, and Bullying using real life situations
- Students will be able to define and learn how to be an upstander
- Students will be familiar with different acts of kindness and ways to use them in and outside of school
- Students will learn ways to be kind to themselves
- Students will learn what to do and ways to cope when mistreated