[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about bullying. The focus of our time together was knowing the difference between teasing and bullying, learning the impact of bullying, and knowing how to stop bullying. **The most important portion of today’s lesson was empowering students to stop bullying when they experience it or when they witness it.**

The class learned that they have the power to stop bullying.

If your student is being bullied, they should:

1. Tell the bully to stop in a clear, calm voice.
2. Walk away and tell an adult.

If you student sees someone else being bullied, they should:

1. Stand up for others.
2. Don’t bully back.

**We encourage you to ask your child(ren) about what they learned today.**

The more we empower our children to stop bullying, the better their school experience will be. Children learn best when they feel safe.

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization whose mission it is to end bullying and cyberbullying of children and teens through education, legislation, and legal action. For more information about the nonprofit, visit [www.DavidsLegacy.org](http://www.davidslegacy.org).

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]